

# Alison Forster

B.Sc B.Sc (MRS) MTS M.Phil  
(c) Ph.D (c)  
(She/They)  
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St. John's, NL  
[Blog and website](#)

## PERSONAL PRECIS

As a global thinker, creative problem solver and multidisciplinary individual, I can adapt to a variety of roles. I thrive in roles that require honed judgement, attunement, critical thinking and crisis management. I value direct, but collaborative and respectful, conversations with coworkers and mediate conflict within a team. I am highly driven by both internal and external achievement. Highly reflective and self-aware, I have a thirst for feedback and mentorship and am best suited to a role that has no ceiling for growth and development.

## EXPERIENCE

Choices For Youth *October 2024 – present*  
**Residential Counsellor (Shelter)**

- ❖ Approachable to residents, resulting in multiple major disclosures
- ❖ Responds to crisis situations and medical emergencies with focus and poise
- ❖ De-escalates using collaboration and respect for clients' self-awareness
- ❖ Approach based on honesty, understanding above direction, mutual exchange, and empathetic setting of limits
- ❖ Balances autonomy and advocacy with collaboration to successfully build relationships with staff of varying approaches
- ❖ Actively seeks out feedback and training opportunities to facilitate growth and skills
- ❖ Successfully integrates new experiences in an environment with steep learning curve to adapt to leadership role for relief staff

Eastern Health *January 2013 – October 2024*  
**Radiation Therapist**

<https://www.camrt.ca/mrt-profession/description-of-practice-2/>

- ❖ Naturally built rapport with a range of vulnerable populations
- ❖ Met patient needs by engaging thoroughly in difficult conversations around prognosis and mortality, while remaining within scope of practice
- ❖ Employed critical thinking and creative problem solving to address gaps in patient care
- ❖ Developed a professional identity centred on patient rights, autonomy, and harm-reduction
- ❖ Actively invested in student and new staff development, by teaching clinical assessment, soft and technical skills comprehensively, and supporting students through errors and skill growth
- ❖ Successfully led the management of numerous crises and prevented a major underdosing error
- ❖ Undertook self-directed learning, attaining uncommon, in-depth knowledge of broad range of medications and advanced clinical assessment

## QUALIFICATIONS

- ❖ Certified in CPR & First Aid
- ❖ Certified in Naloxone Delivery (nasal and injectable)
- ❖ Vulnerable sector check available
- ❖ ASIST certified
- ❖ Mental Health First Aid certified

## PERSONAL INTERESTS & RECOGNITION

*"THE HOLE IN THE DONUT"*

- ❖ [Active Academic Blogger](#)
- ❖ Advocate, demonstrated in [SaltWire Interview](#)
- ❖ Well-rounded perspective from diverse experiences with an unconventional approach to life and relationships
- ❖ Hiker near completion of all East Coast Trails; Sewist, practicing Buddhist; avid fan of CBC's *Ideas* podcast, captivated by remote geographies; and "swimming spot" sleuth

## EDUCATION

DOCTOR OF HUMANITIES AND SOCIAL SCIENCES  
(CANDIDATE)

**Phenomenology and Existentialism in Psychedelic Assisted Therapy**

Global Center for Advanced Studies  
*January 2025 – present*

Dublin, IE  
(Distance)

MASTER OF PHILOSOPHY – HUMANITIES  
(CANDIDATE)

**Capstone project – From 'Touch, Feel, and Listen' to 'Touching, Feeling, and Listening': The Phenomenological Mismatch Between Physicians and Patients**

Memorial University  
*September 2023 – August 2025*

St. John's, CA

MASTER OF THEOLOGICAL STUDIES  
**Thesis on Metaphysics of Buddhist and Christian Mysticism**

Queen's College  
*January 2019 – July 2023*

St. John's, CA

BACHELOR OF SCIENCE – MEDICAL RADIATION SCIENCES

ADVANCED DIPLOMA – APPLIED HEALTH SCIENCES  
**National License – Radiation Therapy – MRT(T)**

University of Toronto, Michener Institute Toronto, CA  
*September 2009 – August 2012*

BACHELOR OF SCIENCE  
**Minors in Biology and Religious Studies**

University of Waterloo  
*September 1999 – August 2004*

Waterloo, CA